

Colonoscopy with Fleet Prep Kit 2

PURCHASE YOUR PREP EARLY

- Fleet Prep Kit 2

Go to your pharmacy and purchase a FLEET PREP KIT 2 (In orange box – NO SUBSTITUTIONS). No prescription is needed, but your pharmacy may need to order this kit for you, so go several days prior to the start of your preparation. Inside the kit is the material you will need to prepare, including dietary instructions. We have also listed a few of our own suggestions that may assist you in making the preparation go smoothly.

THE DAY BEFORE YOUR PROCEDURE

1. **Please follow the 24-hour instructions provided in the Fleet Prep Kit 2.**
2. **Begin clear liquid diet.** This includes water, tea, soda pop, clear juice (apple, white grape juice), Jell-o (plain lemon or lime without added fruit), bouillon, or popsicles. No solid food allowed. If you can hold the liquid up to the light and see light pass through it, you may drink it.
3. **Avoid** red colored liquids because red dye could be mistaken for blood.
4. **Helpful Hints**
 - Beginning the prep early allows you to finish early. Stay home after beginning.
 - The Phosphosoda solution in the prep can be salty. After drinking, follow immediately with apple juice to remove the taste and decrease the nausea.

THE DAY OF YOUR PROCEDURE _____

1. **Do not eat or drink anything 6 HOURS prior to your Colonoscopy**, or it may be canceled.
 2. **Use Enema:** Begin the enema at least 2 hours before leaving for the exam and continue until returns are clear.
 3. Have a Driver take you to your Colonoscopy.
 4. Take Medications as Instructed by your Doctor with a sip of water .
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Have someone drive you to the Facility and arrive at _____

- Surgery Center Plus Inc. 7430 N. Shadeland Ave #100, Indpls (317) 841-8005
- Community Hospital North, Outpatient Department, 7150 Clearvista Dr. Indpls
- Community Hospital East, Outpatient Department, 1500 N. Ritter Ave. Indpls
- Riverview Hospital, Outpatient Department 395 Westfield Road, Noblesville
- Other: _____

For more information please visit our website at, www.colonrectalcare.com

Please note: If you cancel or reschedule your procedure, a 48 hour notice is required or you will be subject to a \$75.00 fee (\$25.00 physician fee and \$50.00 facility fee.)