

# Colonoscopy with OsmoPrep - 32 Tablets

## PURCHASE YOUR PREP EARLY

- Osmo Prep - 32 Tablets

Go to your pharmacy and purchase the Osmo Prep- 32 Tablets using the prescription provided. Sometimes your pharmacy may need to order the tablets for you, so go to your pharmacy several days prior to the start of your preparation.

## THE DAY BEFORE YOUR PROCEDURE

**Begin clear Liquid diet.** This includes water, tea, soda pop, clear juice (apple, white grape juice), Jell-o (plain lemon or lime without added fruit), bouillon, or popsicles. No solid food allowed. If you can hold the liquid up to the light and see light pass through it, you may drink it. **Please note:** Avoid red colored liquids because red dye could be mistaken for blood.

**5:00 PM.** Take 4 OsmoPrep tablets every 15 minutes as instructed below with at least 8 oz of clear liquids until all 20 tablets have been consumed. Remain close to toilet facilities.

5:00pm	Take 4 OsmoPrep tablets with eight oz of clear liquid
5:15pm	Take 4 OsmoPrep tablets with eight oz of clear liquid
5:30pm	Take 4 OsmoPrep tablets with eight oz of clear liquid
5:45pm	Take 4 OsmoPrep tablets with eight oz of clear liquid
6:00pm	Take 4 OsmoPrep tablets with eight oz of clear liquid

**9:00 PM, not before.** Take 4 OsmoPrep tablets every 15 minutes as instructed below with at least 8 oz of clear liquids until the remaining 12 tablets have been consumed.

9:00pm	Take 4 OsmoPrep tablets with eight oz of clear liquid
9:15pm	Take 4 OsmoPrep tablets with eight oz of clear liquid
9:30pm	Take 4 OsmoPrep tablets with eight oz of clear liquid

## THE DAY OF YOUR PROCEDURE \_\_\_\_\_

1. **Do not eat or drink anything 8 HOURS prior to your Colonoscopy**, or it may be canceled.
2. You must have a driver with you and to remain at the Center during the colonoscopy.

Have someone drive you to the Facility and arrive at \_\_\_\_\_

- Surgery Center Plus Inc. 7430 N. Shadeland Ave **Suite #100-first floor** Indpls (317) 841-8005
- Community Hospital North, Outpatient Department, 7150 Clearvista Dr. Indpls
- Community Hospital East, Outpatient Department, 1500 N. Ritter Ave. Indpls
- Riverview Hospital, Outpatient Department 395 Westfield Road, Noblesville
- Other: \_\_\_\_\_



For more information please visit our website: [www.colonrectalcare.com](http://www.colonrectalcare.com)

Please note: If you cancel or reschedule your procedure, a 72 hour notice is required or you will be subject to a \$150.00 fee (\$50.00 physician fee and \$100.00 facility fee)